

# Burgh House Café

## Sunday menu

<b>Homemade smoothies</b>	6
Super Green with Spirulina – <i>Banana, spinach, cucumber, lemon, Spirulina</i>	
Banana & Turmeric – <i>Banana, apple, lemon, ginger, turmeric, cayenne</i>	
Berry Recovery – <i>Strawberry, blueberry, banana, oat milk, lime</i>	
<b>Breakfast (9.30am - 11.45am)</b>	
Hampstead hash (DF) Cumberland sausage, chorizo, new potatoes, Cavolo nero & free range poached egg	10
Burgh House veggie hash (V, DF) New potato, chestnut mushrooms, Cavolo Nero, spring onion, free range poached egg	9
American style buttermilk pancakes – blueberries, crème fraîche and maple syrup	7
Warm porridge, blueberries, honey	6
<b>Sunday roast (12noon - 4pm)</b>	
Roast of the day, roast potatoes, Yorkshire pudding, roasted root vegetables, greens and gravy	17.5
– add a glass of house wine	22
<b>Plates (12noon - 4pm)</b>	
Spring lamb tagine, cous cous, coriander, natural yogurt, pomegranate seeds	13
Warm vegan Buddha bowl: roast butternut squash, red onion, cavolo nero, brown basmati rice, spicy peanut sauce	11
Chickpea and cauliflower curry, toasted coconut, flatbread	10
Homemade soup (VG), savoury scone	7
Homemade soup, goats cheese, salad & savoury scone	9
<b>Organic Extract coffee</b> – <i>ethically &amp; responsibly sourced directly from the farmer.</i>	
Flat White, Latte, Cappuccino, Americano, Chai Latte	3

Espresso / Double espresso	2.5 / 3
Hot Chocolate, Turmeric latte,	3.5

**Beyond organic Canton Tea** – *our supplier buys fresh tea each season, direct from small, traditional gardens where tea bushes have grown for hundreds of years. They know the provenance of every leaf they sell.*

English Breakfast, decaf English Breakfast, Earl Grey, Jade Tips Green, Jasmine, Red Berry and Hibiscus	3 pot
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### Soft drinks

Homemade pink lemonade <i>still / sparkling</i>	3.5
Fentimans ginger beer	3
Bottle green elderflower	3
Orange juice or Apple juice	3
Homemade pink lemonade <i>still / sparkling</i>	3.5
Mineral water - <i>still / sparkling</i>	2 / 3
Coke / Diet coke / Coke zero	2.5

### White

El Ninot de Paper Blanco, Valencia, Spain	6.50	23.95
Los Otros Pinot Grigio, Central valley, Chile	6.95	25.75
Domaine de Vedilhan Viognier, Pays d’Oc, Languedoc, France	7.25	26.95

### Pink

Pasquiers Grenache Cinsault Rosé, Pays d’Oc, Languedoc, France	6.95	25.75
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### Red

Mantlepiece Cinsault, Coastal Region, South Africa	6.50	23.95
Vega del Rayo Rioja Tempranillo, Rioja, Spain	6.95	25.75
Showdown, ‘Man with the Ax’ Cabernet Sauvignon, California, USA	7.25	26.95

### Sparkling

Le Dolci Colline, Prosecco, Italy 200ml	9.50
Ceradello Prosecco Spumante Brut [Organic] Veneto, Italy	29.00

### Redchurch Brewery Beers 330ml

Bethnal Pale Ale   Shoreditch blonde   Redchurch lager	4.95
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